

## National Officials Training Day

*Saturday 1<sup>st</sup> April 2023 – Grangemouth Stadium*

### Programme

10.00 – Welcome & Thank You

10.10 – Online Officials Information –

- Officials Pages of the Website
- Accessing Athletics Hub
- myAthletics Portal
- Networking

10:45 – Open Question Time

11.00 – Workshop 1 -

- Call-Room – [Moira Nisbet](#)
- Electronic Field Cards – [Dave Finlayson](#)
- Measuring Para Equipment – [Shona Malcolm](#)
- Meeting Reports – [Joyce Wighton](#)
- Timetabling – [Liz Wilder](#)

12.30 – Lunch (Bring your own)

13.30 – Workshop 2 - Discipline Specific Groups

15.00 – Wrap Up & Close



## **Discipline Specific Workshops**

### **Endurance**

- Cross Country Course Building

### **Field**

- Field Cards – Order Reversal
- Time Clock – Operation & Timings
- General Rule Discussion – Tapings, Strappings, Long Jump take-off

### **Photo Finish**

- Conducting a ZCT
- Setting up PF Kit 2.

### **Start Team**

- How to set-up and operate TESS
- How to conduct a ZCT
- Compiling a Duty Sheet.
- SIS Set up and Training

### **Timekeeping**

- A look at the levels and upgrading requirements
- Asking for a mentor to be assigned
- Keeping your record of experience up to date
- Peer group records tracking your performance
- Looking at duty sheets
- Looking at useful templates
- Powerof10 requirements and permit requirements for timekeepers

### **Track**

- Relay Changeovers
- Duty Sheets
- General Rule Discussions

